

COOKIE'S BEST

AYSO AREA 2F BEST TEAM TOURNAMENT 2009

FORMAT

7 v 7 for U10, 20 min. half

9 v 9 for U12, 20 min. half

11 v 11 for U14 20 min. half

- The Tournament follows AYSO National Rules. Regions may choose to follow their own regional guidelines on 3 before 4, keeper substitution, etc., however, the Tournament will not take responsibility for enforcing such regional rules.
- Games will start on the HOUR sharply. There are plenty of open field spaces for warmups, etc.
- The home team (listed first on the schedule) provides game balls. Please have these inflated and ready to play!
- The referee's clock WILL RUN on substitutions. Keep your players ON THE FIELD and substitute them quickly.
- Breaks at the half are 5 minutes in length. Matches will end 5 minutes before the hour regardless of the referee's clock!

All teams must check in with signed rosters, white sheets and play identification cards. Please see the Tournament staff IN THE REF SHACK 1 HOUR BEFORE YOUR FIRST GAME. **All players must have AYSO photo ID cards.**

TEAM ELIGIBILITY and ROSTER

Teams for Cookie's Best are regular season teams nominated to the Tournament by their Regional Boards. Each region is free to set the criteria for best team in their own way.

Sometimes, teams have too few players in their regular season team because the team was always short of players or because some players could not attend the Tournament. Here is how a team can add a player to its roster for the Tournament:

- 1 Contact the Area Director (adayso2f@aol.com), stating your region, your team age and gender, your contact information, the players currently on your team, and how many players you need. Carbon copy (cc) the email to your Regional Commissioner.
- 2 Area staff will confirm the shortage with your region.
- 3 Area staff will randomly select a few players more than you requested in the same division from your region's registered players.
- 4 Area staff will send your Regional Commissioner and you the names and selection order of the players.
- 5 Your Regional Commissioner will contact the selected players, in order, and fill your roster based upon their availability.

We think this is a fair and unbiased way to add players. It keeps the spirit of everyone plays and balanced teams for the Tournament.

Your Regional Commissioner or Registrar must create and sign a complete roster that includes the new players. Remember that all players must have AYSO photo ID cards.

There is no requirement that you play with a full roster if you do not wish to do so.

TOURNAMENT FORMAT: MANDATORY HELP: REFEREES and VOLUNTEERS

All teams must supply AT LEAST 3 referees and extra help will be needed! Here is the general referee scheme: When your child or friend plays, you don't ref (if you don't want to). When your child or friend is not playing, you WILL referee AND check in the teams for the next game on your field - So, for a parent of a U12G team member who is a referee, the parent would work during the "Boys time period" when all of the boy teams are playing. With about 10 minutes remaining in the U12G game, other parents from the team should go to the area between the fields and check in the U12B teams that will play next on the field the U12G team is playing on now.

Look for the orange vests – these are volunteer coordinators / helpers.

ALL OTHER LAWS

Follow AYSO National Guidelines and the Laws of the Game

WINNING

Total points determine the winner. Points are assigned in the following way:

- Win 6 points
- Tie – 3 points to each team
- Shutout 1 additional points
- Goals scored – up to 3 per game
- 1 point DEDUCTED for each goal over a 5 goal differential
- 2 points DEDUCTED for each red card received

TIE BREAKS

- Head to head results
- Sendoffs (a team with no sendoffs would thus beat a team with one sendoff if their points and head to head results are the same)
- Goals Ahead (goal differential) up to 3 goals per game
- Kicks from the mark (shootout)

RINGERS AND DISQUALIFICATIONS

Any team substituting an unregistered player, or a player who did not play on that team during the regular season, or a player not sanctioned to play on the team by the team's home regional board (e.g., a suspended player), will be completely disqualified from the tournament. Any roster exceptions need to be presented in writing by your Regional Commissioner send an email to the Area Director (adayso2f@aol.com).

WHO'S COOKIE?

The idea for this tournament came from Cookie Oren – a lifelong AYSO volunteer as a referee, a coach, and an administrator. Sadly, Cookie passed away in 2006; this tournament was renamed in her honor. Cookie's family is here today helping out (as they always do). Cookie's family created the tournament logo – check out the medals and t-shirts!

GOOD LUCK AND HAVE FUN